

Kaylen (Kay) Lamb

**Student Representative
Capital Region**

Biography

Kaylen (Kay) Lamb is a current student of Booth University College and will be completing his BSW in April 2019. Kaylen has served as a student member of the MCSW board of directors since September 2017, and has had the opportunity to participate in the formation of the MCSW's 2018-2021 Strategic Plan. Kaylen is currently a practicum student with Rainbow Resource Centre, where he looks forward to applying his experience as a member of the LGBTQ+ community and the skills he has developed during his time at Booth to grow his skills as a BSW practitioner. Kaylen was previously a practicum student at LEEP (Life and Employability Enhancement Program) at the Barbara Mitchell Family Resource Centre, and has been a lifelong resident of Winnipeg. During his studies, Kaylen conducted and presented research titled Resilience: Predicting Adaptation in Canadian Newcomers that was used in programing for the Success Skills Centre in 2015.

Kaylen has worked as a summer STEP student for the last two years at Employment and Income Assistance, and has previously worked as a support worker for adults with disabilities and as a children's programming coordinator for their church. Kaylen has also enjoyed volunteering with Agape Table, the Salvation Army's Weetamah centre, and their church's children's programming. Kaylen is passionate about mental health education and awareness, especially for LGBTQ+ youth and newcomers and refugees. Kaylen enjoys spending time with his friends and family, and taking long walks with his dog.