# Standards for Technology in Social Work Practice

NASW, ASWB, CSWE, and CSWA

# Foreword

NASW partnered with ASWB, CSWE, and CSWA to develop a uniform set of technology standards for professional social workers to use as a guide in their practice. The four associations formed the Task Force for Technology Standards in Social Work Practice and jointly developed the Technology Standards in Social Work Practice.

The task force met for almost two years reviewing technology literature in social work services and emerging standards in multiple professions. The task force also reviewed relevant statutes and licensing regulations in various jurisdictions. Multiple drafts were prepared and a draft was released for public comment during the summer of 2016. Many comments were received from individual social workers, social work academicians, and groups including the Grand Challenges for Social Work initiative (American Academy of Social Work and Social Welfare) and representatives of a Web-based macro social work group.

The task force thoroughly reviewed and discussed every submitted comment and revised the draft accordingly. Based on the comments received, the task force established a sub-task force advisory group consisting of social work professionals with extensive technology-related expertise and experience. This group submitted a favorable review of the standards and offered recommendations that the full task force reviewed, discussed, and incorporated into the draft.

In developing these standards, the Task Force for Technology Standards in Social Work Practice used several foundation documents, including the NASW Code of Ethics and the ASWB Model Social Work Practice Act, along with many other sources. The standards use a humanistic framework to ensure that ethical social work practice can be enhanced by the appropriate use of technology. NASW wishes to thank the task force and the sub-task force advisory group for their persistence and hard work in the development of this document.

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# Introduction

Social workers' use of technology is proliferating. Technology has transformed the nature of social work practice and greatly expanded social workers' ability to assist people in need. Contemporary social workers can provide services to individual clients by using online counseling, telephone counseling, videoconferencing, self-guided Web-based interventions, electronic social networks, mobile apps, automated tutorials, e-mail, text messages, and a host of other services. Social workers' use of technology has created new ways to interact and communicate with clients, raising fundamentally new questions about the meaning of the social worker-client relationship.

In addition, social workers use various forms of technology to access, gather, and otherwise manage information about clients. Social workers maintain encrypted electronic records, store sensitive information on their smartphones and in the "cloud," and have the capacity to search for information about clients using Internet search engines. Social workers use technology in creative ways to address compelling social justice issues, organize communities, administer organizations, and develop social policy. Social workers also explore and develop new technologies for practice and disseminate them with colleagues.

Technology has also influenced social work education and broadened its reach. Today's students may take courses online, view prerecorded lectures posted on Internet-based course sites, participate in online social work practice simulations, interact with fellow students enrolled in a course from multiple locations around the world, and listen to podcasts. Social workers have expanded options to satisfy their continuing education requirements by enrolling in live online webinars and attending lectures delivered from remote locations that are transmitted electronically. They may provide and obtain training, supervision, and consultation from distant locations using videoconferencing technology.

These dramatic developments require practice standards in technology. The following standards are divided into four main sections and address social workers' use of electronic technology to (1) provide information to the public; (2) design and deliver services; (3) gather, manage, store, and access information about clients; and (4) educate and supervise social workers. These standards are designed to guide social workers' use of technology; enhance social workers' awareness of their ethical responsibilities when using technology; and inform social workers, employers, and the public about practice standards pertaining to social workers' use of technology. Social workers should consider

these standards in conjunction with the NASW Code of Ethics, other social work standards and relevant statutes, and regulations. As new forms of technology continue to emerge, the standards provided here should be adapted as needed.

Each practice standard provides social workers with general guidance on how to use technology in an ethical manner; the "interpretation" sections offer suggestions for implementing these standards in a wide range of circumstances and social work settings. The interpretations provide examples of factors that social workers may consider when making decisions about the appropriate use of technology. The standards and their interpretations are intended to set a minimum core of excellence for professional practice when social workers use technology and to provide a framework to address possible benefits, challenges, and risks that arise when using technology. These guidelines are not intended to suggest that the use of technology is inherently riskier or more problematic than other forms of social work. Special Note: The order in which the standards appear does not reflect their order of importance.

These standards address a wide range of key concepts related to social workers' use of technology. By necessity, some concepts (for example, informed consent, confidentiality, boundaries, social media policies) are discussed in multiple places in the document. Readers are encouraged to review the document in its entirety.

# Section 1: Provision of Information to the Public

Social workers who use technology to provide information to the public about the services they offer and on social work topics of general interest, and who engage in social advocacy, should uphold the values of the profession and adhere to the following standards.

# Standard 1.01: Ethics and Values

When social workers use technology to provide information to the public, they shall take reasonable steps to ensure that the information is accurate, respectful, and consistent with the NASW Code of Ethics.

# Interpretation

When communicating with the public using Web sites, blogs, social media, or other forms of electronic communication, social workers should make every effort to ensure that the information reflects the values, ethics, and mission of the profession. Social workers should consult relevant standards in the NASW Code of Ethics for guidance (especially related to competence; conflicts of interest; privacy and confidentiality; respect; dishonesty, fraud, and deception; misrepresentation; solicitations; private conduct; and acknowledging credit).

# Standard 1.02: Representation of Self and Accuracy of Information

When social workers use technology to provide information to the public, they shall take reasonable steps to ensure the accuracy and validity of the information they disseminate.

## Interpretation

Social workers should post information from trustworthy sources, having ensured the accuracy and appropriateness of the material. They should advertise only those electronic services they are licensed or certified and trained to provide in their areas of competence. Social workers should periodically review information posted online by themselves or other parties to ensure that their professional credentials and other information are accurately portrayed. Social workers should make reasonable effort to correct inaccuracies.

# Section 3: Gathering, Managing, and Storing Information

Social workers may use various forms of technology to gather, manage, and store client information. Gathering information refers to collecting information for the purposes of psychosocial assessments, progress notes, community or organizational needs assessments, program evaluation, research, advocacy, social action, supervision, education, or other social work functions. Managing information refers to how information is handled after it has been gathered, for instance, how it is entered into client and other administrative files; how it may be shared with supervisors or others within the social worker's practice setting; how the data is used within a database; how certain information may be shared with colleagues, funders, insurance companies, researchers, or others outside the worker's practice setting; and how social workers manage information about colleagues. Storing information refers to how information is saved and maintained electronically. Using technology in these ways may serve a number of valuable purposes, including accessing information easily, storing information safely, and saving time and money. When social workers use technology to gather, manage, and store information, they must uphold ethical standards related to informed consent, client confidentiality, boundaries, and providing clients access to records.

# Standard 3.01: Informed Consent

As part of the informed consent process, social workers shall explain to clients whether and how they intend to use electronic devices or communication technologies to gather, manage, and store client information.

# Interpretation

When social workers plan to use technology to gather, manage, and store client information, they should ensure that clients know how the information is being gathered, how it will be used, who will have access to it, how it will be stored, and how it will be retained. They should also explain the potential benefits and risks of using the particular electronic methods for gathering, managing, and storing information.

Often, the primary benefits of gathering, managing, and storing information electronically are convenience and cost. Using technology can save time and money for organizations, social workers, clients, and research and evaluation participants. Other benefits depend on the context of practice.

Risks of gathering, managing, and storing information electronically may include the following:

- Someone intentionally hacks the system and gains access to the data.
- Computers, smartphones, flash drives, external hard drives, or other devices used to gather and store the data are stolen or misplaced.
- Information stored electronically may be subpoenaed for use during legal proceedings, just as with paper records.
- Government or law enforcement organizations may try to gain access to information stored electronically.
- Electronic information may be unintentionally sent to the wrong person, especially when sending email or text messages.

The types of precautions to minimize risks will depend on the situation, including the type of electronic devices and programs being used. Social workers should periodically review the types of precautions they use to ensure that they are appropriate given recent changes and identified risks in the use of technology (that is, new forms of viruses, cyberattacks, or other potential problems).

# Standard 3.02: Separation of Personal and Professional Communications

When social workers gather, manage, and store client information electronically, they shall ensure clear delineation between personal and professional communications and information.

## Interpretation

Social workers should clearly delineate between personal and professional information when using personal technology to gather, manage, and store information about clients. This is important to maintain ethical boundaries with clients, maintain proper client files, and possibly protect the social worker's personal or other files from disclosure. When feasible, social workers should consider using their professional or organization's electronic devices to gather, manage, and store information. If this is not feasible, then other means should be implemented, for example, the use of separate accounts, separate storage media or folders, et cetera. Social workers should note that clients generally have a

right to access their records; thus any blurring of personal versus professional communication and data storage, for example, through the use of social workers' personal devices, might risk the privacy of the social worker's personal information.

# Standard 3.03: Handling Confidential Information

Social workers shall take reasonable steps to ensure that confidential information concerning clients or research participants is gathered, managed, and stored in a secure manner and in accordance with relevant federal and state statutes, regulations, and organizational policies.

### Interpretation

Social workers who gather, manage, and store information electronically should take reasonable steps to ensure the privacy and confidentiality of information pertaining to clients or research participants. Federal and state statutes and regulations may dictate how electronic records are to be stored and social workers are responsible for being aware of and adhering to them. Organizations in various practice settings may have additional policies regarding the storage of electronic communications.

Electronic information should be stored in secure locations. Access should be limited to appropriate parties. When electronic files are backed up, reasonable precautions should also be taken to maintain confidentiality of the backed-up files.

Social workers should have policies that incorporate risk management strategies. For example, depending on the practice context, social workers can use a closed server, whereby access to information is limited to people within the organization and is not accessible through the Internet. Also, if identifying information is not needed, social workers can gather data on an anonymous basis so a particular client or research participant cannot be linked with the information. Social workers should ensure that their means of electronic data gathering are in keeping with ethical standards and best practice guidelines. Social workers should adhere to the privacy and security standards of applicable laws such as the Health Insurance Portability and Accountability Act of 1996 (HIPAA) (P.L. 104-191), the federal policy for the Protection of Human Subjects (45 CFR Part 46), federal regulations for the protection of alcohol and drug abuse patient records (42 CFR Part 2), federal regulations for the protection of students' education records under the Family Educational Rights and Privacy Act of 1974 (P.L. 93-380, § 513), section 215 of the USA Patriot Act of 2001 (P.L. 107-56), and other relevant federal and state laws. These laws may address electronic transactions, client and research participant rights, and allowable disclosure. They may also include requirements regarding data protection. It may be helpful for social workers to consult information technology specialists to ensure that electronically stored information is gathered, stored, and disposed in a safe manner that meets federal and state laws that protect the privacy and confidentiality of the client or research participant.

Social workers should be aware that some free services for gathering, managing, and storing data may not be as secure as fee-for-service options. For instance, when collecting data on some free survey services, the Internet Protocol addresses of survey respondents may be identifiable. If clients or research participants are using an online social network program to log on to the survey, their participation in the survey might be disclosed on their social networking site.

Cloud storage has become technically appropriate and increasingly popular. Social workers who use cloud storage should adhere to privacy and security standards in compliance with HIPAA regulations and other relevant federal and state laws.

# Standard 3.04: Access to Records within an Organization

Social workers shall take reasonable steps to develop and implement policies regarding which personnel have access to clients' electronic records, keeping in mind the value of limiting access to those colleagues who truly require it, to respect client privacy.

## Interpretation

When information is stored electronically, it may be easy for various personnel within an organization to access that information. Social workers should protect client confidentiality by developing and implementing policies that restrict access to colleagues who truly have a need for that access. For personnel who need access to client information for research and evaluation purposes, data could be made available anonymously. As part of the informed consent process, social workers should inform clients about which personnel in the workplace may have access to information in their records.

Social workers should take special safeguards to ensure that clients' electronic records are stored in an accessible manner. Social workers should ensure that electronic records continue to be retrievable when they update their software and technology, at least for any statutory record retention period. Social workers should establish protocols to ensure that appropriate colleagues can get access to secure electronic records in the event of a social worker's sudden incapacity or death.

# Standard 3.05: Breach of Confidentiality

Social workers shall develop and disclose policies and procedures concerning how they would notify clients of any breach of their confidential records.

## Interpretation

Regardless of the precautions that social workers take to ensure that client records are gathered, managed, and stored in a secure manner, confidential electronic records may be breached. Social workers should comply with ethical standards and relevant federal and state laws regarding any duty to inform clients about possible breaches of confidentiality. Social workers should also develop policies and procedures detailing how they would inform clients regarding breaches of confidentiality.

# Standard 3.06: Credibility of Information Gathered Electronically

When social workers use technology to gather information for social work practice or research, they shall gather information in a manner that reasonably ensures its reliability and accuracy.

## Interpretation

Social workers may use online forms, Web sites, or other electronic means to collect data. To maintain the credibility of the information collected, social workers should establish and verify the identity of the client, research participant, or other person who is submitting the information. For instance, when collecting data from research participants or when asking a client to submit information online (for example, for an intake assessment), the worker could provide the client with a unique identifier or passcode.

# Standard 3.07: Sharing Information with Other Parties

Social workers who share confidential client information with other parties electronically shall take reasonable steps to protect the confidentiality of the information.

### Interpretation

Social workers may at times share sensitive information electronically with professional colleagues within their workplace or with other organizations. Before sharing information outside the organization, social workers should ensure that they have informed consent from the client. When sharing information electronically, social workers should ensure that they are sending information to the accurate e-mail address, Web site, or other electronic location. Because of the ease with which information shared electronically can go astray (for example, with a mistake of just one digit or letter in an electronic address), social workers should double-check their addresses before sending information electronically.

When sending information electronically, social workers should advise recipients that the information is confidential and should not be shared with others without the explicit consent of the client, and when appropriate with the consent of the social worker who prepared the records.

Methods to manage risks when sharing client records electronically may include

- ensuring that the social worker has the correct e-mail address, fax machine or telephone number, or other electronic destination
- using secure servers and encrypted information
- limiting the information sent to what is required (for example, if it is not necessary to include information that identifies the client or information that is particularly sensitive, then this information should be redacted)
- ensuring that the recipient of the information will respect the social worker's request to maintain confidentiality and not share the information with others without the explicit consent of the client

# Standard 3.08: Client Access to Own Records

Social workers shall ensure that client access to electronic records is provided in a manner that takes client confidentiality, privacy, and the client's best interests into account.

## Interpretation

Social workers recognize that clients generally have a right to access their own records. When records are created or available in electronic form, access may be facilitated electronically.

Electronic access can be less expensive. It can also be more convenient and timelier than having the client come to the office to pick up paper copies or having to mail paper copies. Despite the convenience, when records can be accessed electronically there may be risks to client confidentiality and the client's best interests. Examples include the following:

- Electronic information systems could be hacked or electronic communication devices may be lost or stolen.
- If the client experiences abuse or exploitation from a partner or other family member, it may be particularly important to ensure that the family member in question does not have access to the client's records.
- If a client is suicidal or otherwise vulnerable, having immediate access to certain information electronically may not be in the client's best interests.

In some practice settings, clients have accounts that provide them with immediate access to their records and other information posted by social workers or other organizations. In some practice settings, it may not be appropriate for clients to have access to raw data without having the opportunity to consult with a social worker or other professional to help interpret the information and to provide supportive counseling as needed. For example, if a client completes an online psychosocial instrument, the client might misinterpret the results or may react to troubling findings. Social workers should develop and implement policies to manage risks while ensuring adherence to client's legal right of access.

# Standard 3.09: Using Search Engines to Locate Information about Clients

Except for compelling professional reasons, social workers shall not gather information about clients from online sources without the client's consent; if they do so, they shall take reasonable steps to verify the accuracy of the found information.

## Interpretation

Social workers gather information from a variety of sources to perform their assessments, including from family, schools, other professionals, and clients themselves. Client information discovered on the Internet using search engines is different from information that clients share directly with the social worker. Before social workers gather information from the Internet or other electronic sources, they should obtain the client's informed consent. Intentionally gathering information about a client through electronic means without consent should only be done if there is an emergency situation or specific reason that the information cannot or should not be obtained from the client directly or from third parties designated by the client.

Social workers should respect the privacy of client information posted on online social networks or other electronic media and not communicate with clients through these formats or gather information about clients through them without the client's knowledge and consent. If a social worker unintentionally comes across information about a client through electronic forms of communication, the social worker should avoid reading or gathering further information from this source once the identity of the client becomes evident. If information about a client is unintentionally accessed through electronic means (for instance on a social networking site belonging to another person), the social worker should make this known to the client and discuss the implications of the social worker having this knowledge.

Exceptions to seeking client consent to gather information online may arise in emergency situations, for instance, when the client poses a serious, imminent risk to self or others, and the only way to identify where the client is would be to search for information online. Even in such cases, social workers should consider whether it is appropriate for them to search for client information online, or whether it would be more appropriate for police, emergency response teams, or other protective services professionals to do so. Social workers who search online for information about clients for compelling professional reasons should include proper documentation in the client's record.

It is important to verify online information gathered about a client. This may be done by contacting the original source of the information, checking the accuracy of the information with the client, or checking the accuracy of the information with other appropriate sources.

# Standard 3.10: Using Search Engines to Locate Information about Professional Colleagues

When gathering online information about professional colleagues, social workers shall respect colleagues and verify the accuracy of the information before using it.

## Interpretation

Social workers may need to gather information about professional colleagues for a variety of reasons, for instance to:

- find contact information to facilitate client referrals
- determine client eligibility for services
- determine the credentials and experience of colleagues
- identify policies and practices of the colleague
- gather information in relation to a potential complaint or lawsuit concerning the colleague

When searching for information about a colleague online, social workers should take reasonable steps to verify the accuracy of the information before relying on it. To verify information, it may be appropriate to contact the original source of the information that is posted or speak directly with the professional colleague. It may also be appropriate to confirm the accuracy of the information by checking other sources. Social workers should also pay attention to who is posting and monitoring information on the Internet. For instance, if information about a colleague comes from a professional association or regulatory body that is responsible for reviewing professional conduct, the information would likely be more reliable than information coming from an anonymous source with no system for accountability or checks for accuracy. Social workers should be aware of the laws and regulations in their state about mandated reporting of colleagues if a social worker discovers online information about a colleague that violates the social work scope of practice or ethical standards. In such a situation, the social worker may have a legal obligation to report the colleague.

Social workers should avoid using technology to pry into the personal lives of professional colleagues (for example, searching for information that is not pertinent to the work they are doing). Social workers should respect the privacy of professional colleagues in relation to personal activities and electronically accessible information that is not relevant to their professional services.

# Standard 3.11: Treating Colleagues with Respect

Social workers who communicate using electronic tools shall treat colleagues with respect and shall represent accurately and fairly the qualifications, views, and obligations of colleagues.

## Interpretation

Social workers should adhere to strict ethical standards when they communicate with and about colleagues using electronic tools, draw on colleagues' professional work, and review electronic information posted by colleagues. Social workers should:

- abide by professional values and ethical standards when communicating with and about colleagues, avoiding cyberbullying, harassment, or making derogatory or defamatory comments
- avoid disclosing private, confidential, or sensitive information about the work or personal life of any colleague without consent, including messages, photographs, videos, or any other material that could invade or compromise a colleague's privacy
- take reasonable steps to correct or remove any inaccurate or offensive information they have posted or transmitted about a colleague using technology
- acknowledge the work of and the contributions made by others and avoid using technology to present the work of others as their own
- take appropriate action if they believe that a colleague who provides electronic social work services is behaving unethically, is not using appropriate safeguards, or is allowing unauthorized access to electronically stored information; such action may include discussing their concerns with the colleague when feasible and when such discussion is likely to produce a resolution—if there is no resolution, social workers should report through appropriate formal channels established by employers, professional organizations, and governmental regulatory bodies
- use professional judgment and take steps to discourage, prevent, expose, and correct any efforts by colleagues who knowingly produce, possess, download, or transmit illicit or illegal content or images in electronic format

# Standard 3.12: Open Access Information

When information is posted or stored electronically in a manner that is intended to be available to certain groups or to the public in general, social workers shall be aware of how that information may be used and interpreted, and take reasonable steps to ensure that the information is accurate, respectful, and complete.

# Interpretation

For information falling under open access to information laws for government entities, social workers may need to ensure that the data can be accessed by the public. Social workers should be aware of the digital footprint created by such postings, including the breadth of access and the period of time during which the information may be available (perhaps to all people, and forever). Given the broad and open access to electronic information, social workers should be aware of the potential uses and misuses of this material, and the potential for misunderstandings when people attempt to communicate humor, sarcasm, or emotionally charged opinions.

# Standard 3.13: Accessing Client Records Remotely

Social workers shall develop and follow appropriate policies regarding whether and how they can access electronic client records remotely.

# Interpretation

Social workers may have or desire remote access to electronic client records when they are away from their organization or usual place of practice. They should be aware that accessing records from remote locations may pose risks to client privacy and confidentiality. The use of unencrypted e-mail servers by a social worker to communicate with clients increases the risk of privacy violations and should be avoided. Confidentiality risks may increase if a social worker accesses work-related e-mail, text messages, voice mail, or other electronic messages from a nonwork computer, smartphone, or other personal electronic device.

# Standard 3.14: Managing Phased Out and Outdated Electronic Devices

When an electronic device is no longer needed, is phased out, or is outdated, social workers shall take steps to protect their clients, employer, themselves, and the environment.

# Interpretation

Social workers should recognize that technology changes and various forms of software, hardware, devices, and information storage tools may become obsolete. When disposing of obsolete electronic devices, social workers should take steps to prevent data leaks and unauthorized access to confidential information. Determining the appropriate safeguards may require consultation with information technology experts. When social workers dispose of electronic devices, they should follow current environmental protection guidelines and relevant statutes and regulations in their jurisdictions related to record retention and disposal of records and electronics.

# Section 4: Social Work Education and Supervision

This section provides guidance on the use of technology to social workers who are involved in the design and delivery of education and supervision. Technology advances have greatly expanded opportunities for social workers to deliver education, training, and supervision in a variety of formats. Technology is used to deliver social work courses and training and is a widely used, evolving part of social work education. The use of technology in social work education and training can enhance access, skill development, student engagement, and learning outcomes. Social work education includes undergraduate, graduate, and postgraduate programs, field instruction, supervision, continuing education must adhere to standards related to online and distance learning and education. Social workers who use technology for education, training, and supervision also ensure that students and supervisees are familiar with prevailing practice, regulation, accreditation, and ethical standards pertaining to the use of technology.

# Standard 4.01: Use of Technology in Social Work Education

Social workers who use technology to design and deliver education and training shall develop competence in the ethical use of the technology in a manner appropriate for the particular context.

# Interpretation

Social workers who use technology for instructional purposes should be familiar with technologymediated tools that provide social work education in the classroom, field, and within workplace settings. Technology tools and instruction can be used to deliver education in traditional, online, or hybrid formats. When appropriate, social workers who use technology for educational purposes should ensure that students and trainees achieve the learning competencies and objectives of the educational programs as required by accreditation and regulatory bodies.

Social workers should examine the extent to which education provided using technology enables students to master core and essential professional skills. Social workers who develop, design, and deliver education and training programs using technology should:

- engage in appropriate education, study, training, consultation, and supervision with professionals who are competent in the use of technology-mediated tools for educational purposes
- keep current with emerging knowledge related to the delivery of technology-mediated education
- consider pedagogical theory and research on the use of technology, to make decisions about whether and how to use technology for educational purposes
- create learning experiences to enable student success and develop social work competencies
- use student-centered instructional strategies that are connected to real-world practice applications to engage students in learning, such as peer-based learning, inquiry-based activities, collaborative

learning, discussion groups, self-directed learning, case studies, small group work, and guided design

- incorporate technology-based adaptive devices in the curriculum to ensure delivery of accessible services
- address cultural competency issues affecting the use of technology in practice, such as students' familiarity and comfort with technology; access to the Internet; language translation software; and the use of technology to meet the needs of diverse populations, such as people with differing physical abilities

• use a range of existing and emerging technologies that effectively support student learning and engagement in the online environment

- facilitate and monitor appropriate interaction among students
- promote student success by providing clear expectations, prompt responses, and regular feedback
- model, guide, and encourage legal, ethical, and safe behavior related to technology use
- assess students considering varying learning styles, literacy levels, disabilities, access to technology, and needs for accommodations (including possible use of adaptive and assistive technologies)
- ensure that students are competent to use the proposed technology in an effective and ethical manner
- take appropriate steps to protect the confidentiality of personal student information in accordance with relevant laws and ethical standards

# Standard 4.02: Training Social Workers about the Use of Technology in Practice

Social workers who provide education to students and practitioners concerning the use of technology in social work practice shall provide them with knowledge about the ethical use of technology, including potential benefits and risks.

## Interpretation

Social workers who teach students and practitioners about ways to use technology in social work practice should be knowledgeable about effective and ethical use of technology. When appropriate and applicable, social work educators should ensure that this information is included in classroom instruction and supervision.

Social workers who teach about the use of technology should address ways to adhere to best practices in social work, including whether and when technology is an appropriate way to provide services, evidence of effectiveness, assessment and outcome measures, and ways to accommodate individual learning needs and cultural diversity. Social work educators, practitioners, and students should develop protocols to evaluate client outcomes to expand knowledge that promotes ethical, effective, and safe use of technology in social work practice.

Social work educators should teach students to think critically about the potential benefits and risks of using technology in social work practice. Key topics include the implications of technology for:

- establishing and maintaining meaningful and effective relationships with clients and others
- maintaining confidentiality
- developing risk management strategies in response to crisis situations
- developing a social media policy
- using the latest technology software and apps in assignments and other learning activities to develop skills for client assessment, intervention planning, service delivery, monitoring, and evaluation
- developing ways to monitor and assess client progress and outcomes
- complying with relevant ethical and legal standards in social work (especially related to informed consent, confidentiality, maintaining appropriate boundaries, termination of services, and documentation)

# Standard 4.03: Continuing Education

Social work educators who use technology in their teaching and instruct students on the use of technology in social work practice shall examine and keep current with relevant emerging knowledge.

#### Interpretation

Social work educators should keep current with developments related to the use of technology to teach, supervise, and practice social work.

Social workers should review relevant professional literature and attend relevant continuing education classes, seminars, workshops, webinars, and other in-person and online courses and workshops. When examining research evidence, social workers should give precedence to research that meets prevailing professional methodological and ethical standards.

# Standard 4.04: Social Media Policies

When using online social media for educational purposes, social work educators shall provide students with social media policies to provide them with guidance about ethical considerations.

#### Interpretation

When using social media for educational purposes, it is important for students to understand how to use social media in a professional manner. The type of language, personal disclosures, and ways of communicating that students use for personal purposes may not be appropriate for the classroom or professional social work purposes. Social work educators should inform students about organizational policies and relevant standards related to confidentiality, demonstrating respect, academic integrity, copyright and plagiarism, maintaining appropriate boundaries, and upholding other social work ethical standards.

# Standard 4.05: Evaluation

When evaluating students on their use of technology in social work practice, social work educators shall provide clear guidance on professional expectations and how online tests, discussions, or other assignments will be graded.

#### Interpretation

For some online assignments and tests, grading may be similar to grading for traditional assignments. However, students may not be familiar with the criteria for grading for certain types of assignments using various forms of technology. For instance, if students are expected to participate in online discussions, to post information or opinions on social media, or to use PowerPoint software to develop group presentations, they should be informed of the specific criteria that will be used to evaluate their performance.

# Standard 4.06: Technological Disruptions

Social work educators shall provide students with information about how to manage technological problems that may be caused by loss of power, viruses, hardware failures, lost or stolen devices, or other issues that may disrupt the educational process.

#### Interpretation

Social work educators should prepare themselves and their students for the possibility of technological disruptions. For instance, if there is a technological failure during a class taught using live video, students may be instructed to use a teleconference as a backup or to participate in a rescheduled class. If students are supposed to complete an online test or assignment, but the technology is not permitting them to do so by the due date, students should know how to advise the professor or technology assistants about the problems.

# Standard 4.07: Distance Education

When teaching social work practitioners or students in remote locations, social work educators shall ensure that they have sufficient understanding of the cultural, social, and legal contexts of the other locations where the practitioners or students are located.

#### Interpretation

Technology enables educators to teach students and social workers in different communities, states, and countries. Social workers should ensure that they have the knowledge, skills, and awareness to provide education that is culturally appropriate for the locations where students and social workers are learning and working. Social work educators should be knowledgeable about the cultures of the students and the clients whom the students may be serving. To enhance cultural competence, educators may consult with locally trained social workers when developing their curricula to better address local challenges with culturally appropriate interventions.

# Standard 4.08: Support

Social work educators who use technology shall ensure that students have sufficient access to technological support to assist with technological questions or problems that may arise during the educational process.

#### Interpretation

When students and social workers use technology for educational purposes, they may experience challenges, particularly when they are first learning to use the technology and in situations where the technology fails to work. Educators should provide students with information on how to access help to preempt and resolve problems with technology.

# Standard 4.09: Maintenance of Academic Standards

When social work educators use technology to facilitate assignments or tests, they shall take appropriate measures to promote academic standards related to honesty, integrity, freedom of expression, and respect for the dignity and worth of all people.

# Interpretation

When using technology, educators may face unique challenges ensuring that students maintain appropriate academic integrity. For instance, when students submit assignments or tests online, educators should take precautions to ensure that assignments or tests are submitted by the students themselves, they submit original work, and they have not been assisted by others (unless working with others is part of the assignment). When facilitating online discussions among students, educators should provide students with guidance on how to communicate in a professional manner, including how to maintain appropriate professional boundaries and how to use respectful language.

# Standard 4.10: Educator–Student Boundaries

Social work educators who use technology shall take precautions to ensure maintenance of appropriate educator-student boundaries.

# Interpretation

When using technology to communicate with students, some social work educators use personal devices or accounts. This may facilitate more timely and convenient communication. Also, the educational institution or setting may not provide educators with devices or sufficient technology.

To maintain appropriate boundaries with students, social work educators should:

- determine whether the policies of the educational institution or setting permit the use of personal devices or accounts
- determine whether it is ethical and appropriate to use personal technological devices and accounts for professional educational purposes
- assess and manage the risk of educators using personal mobile devices, which includes maintaining confidential student records on the device, the risk of losing the device or the device being stolen, downloading a virus or malware, shared use of the device with family or friends, and the use of unsecured Wi-Fi networks
- provide clear policies on appropriate methods, expectations, and times for using technology to communicate with educators and field supervisors
- model appropriate professional boundaries in all online communications with students
- educate students about the risks of online dual relationships

# Standard 4.11: Field Instruction

Social workers who provide field instruction to students shall address the use of technology in organizational settings.

# Interpretation

When appropriate, field instructors should discuss with students:

- the ways in which technology is used in organizational settings
- the importance of protocols to ensure access to secure electronic records in the event of a social worker's field placement termination, incapacity, or death
- similarities and differences between the school's and organization's social media policies
- appropriate use of personal and professional social media considering its potential impact on clients, students, colleagues, employers, and the social work profession
- ways to comply with relevant laws, regulations, ethical standards, and organizational policies to ensure protection of confidential information

# Standard 4.12: Social Work Supervision

Social workers who use technology to provide supervision shall ensure that they are able to assess students' and supervisees' learning and professional competence.

# Interpretation

Some social workers use technology to provide supervision in a timely and convenient manner. When using technology to provide supervision, social workers should ensure that they are able to assess sufficiently students' and supervisees' learning and professional competence and provide appropriate feedback. Social workers should comply with guidelines concerning provision of remote supervision adopted by the jurisdictions in which the supervisors and supervisees are regulated. Social workers who provide remote supervision should comply with relevant standards in the NASW Code of Ethics, relevant technology standards, applicable licensing laws and regulations, and organization policies and procedures.

# Glossary

This glossary contains definitions of key terms used in this document that are relevant to these practice standards, including terms related to the use of electronic technology in various areas of social work practice.

# Арр

An application or software that is downloaded onto mobile devices to perform a specific function.

# **Boundary Confusion**

Failure to recognize the psychological distinctiveness of individuals or confusion of interpersonal roles.

#### Client

The individual, family, group, organization, or community that seeks or is provided with professional social work services.

#### **Clinical Social Work**

The professional applications of social work theory and methods to the treatment and prevention of psychosocial dysfunction, disability, or impairment, including emotional and mental disorders.

#### Cloud

A remote platform for storing and accessing software (applications) and data through the Internet rather than through a direct connection to a local server or personal computer.

#### Confidentiality

A principle of ethics according to which the social worker may not disclose information about a client without the client's consent. This information includes the identity of the client, content of communications, professional opinions about the client, and material from records.

#### **Digital Footprint**

Trails or traces of data that may be stored without the original user's knowledge or consent (for example, Internet protocol addresses, cookies, browsing history, metadata, and other information that may or may not include identifying data about the user). Also referred to as digital shadow or cyber shadow.

#### **Electronic Communication**

Using Web sites, mobile phones, e-mail, texting, online social networking, video, or other electronic methods and technology to send and receive messages, or to post information so that it can be retrieved by others or used at a later time.

#### **Electronic Social Work Services**

The use of computers, mobile phones, video technology, and other means of communication and information, acquisition, transmission, and storage used on the Internet and with other technology to (a) provide information to the public; (b) deliver services to clients; (c) gather, manage, and store information about clients; and (d) educate, supervise, and train social workers.

#### Encryption

The process used to protect the privacy of electronic transmissions of information by converting the information into a code (preventing unauthorized people from gaining access to the information).

#### Health Insurance Portability and Accountability Act of 1996 (HIPAA)

A set of federal standards that protect electronic health information through the implementation of privacy and security rules and the establishment of electronic transactions and code sets.

#### Malware

Malicious software (electronic program) that is designed to destroy data or harm the functioning of computers or other electronic devices. Examples include trojans, viruses, and worms.

#### Netiquette

Norms or behavioral guidelines concerning appropriate or acceptable ways to engage in communication using the Internet, online social networking, e-mail, chatrooms, or other forms of electronic communication (for example, what type of information may be shared or posted, how often and when it should be posted, what type of language is acceptable, who may post or share information, who may have access to the information). Some forms of communication that may be deemed inappropriate include spamming (sending large numbers of messages that recipients may view as junk) and flaming (publicly criticizing someone for the purpose of embarrassing the person).

#### **Online Social Networking**

Use of electronic programs that allow individuals, groups, organizations, and communities to connect with each other and share information. The information may be in the form of electronic messages, photographs, artwork, videos, audio recordings, or other forms of communication.

#### **Pedagogical Theory**

The study of the theory and practice of education.

#### **Practice Setting**

The organizational context in which a social worker practices (for example, independent practice, publicly funded agency, nonprofit agency, for-profit agency, school, hospital, nursing home, hospice program, residential program, military base, prison, community organization, or government agency).

#### **Practice Standards**

Benchmarks that describe the services that social workers should provide, that employers should support, and that consumers should expect. Practice standards reflect current and emerging best practice trends and are a critical component of the professional social worker's toolkit.

#### **Risk Management**

The practice of ethical, competent social work services and accurate documentation of practice decisions and interventions to protect clients and prevent litigation and ethics complaints.

#### Security

The protection of hardware, software, and data through physical forms of protection (for example, locks, doors, padded cases, waterproofing) and electronic forms of protection (for example passwords, firewalls, and encryption).

#### Social Media

Computer-mediated technologies that allow for the sharing of information, ideas, and other forms of communication through virtual communities and networks.

## Social Work Education

The formal training and subsequent experience that prepare social workers for their professional roles. The formal training takes place primarily in accredited colleges and universities and includes undergraduate, graduate, and postgraduate programs, field instruction, supervision, continuing education, and organization-based education.

# Substantial Equivalency

Demonstration that a state's licensure is comparable to that of other jurisdictions.

# Technology

Any electronic device or program that may be used to communicate, gather, store, analyze, or share information (for example, computers, mobile phones, tablets, facsimile machines, smart watches, monitors, Web sites, social networking applications, and computer software).

# Resources

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# About the Associations

The National Association of Social Workers (NASW) is the largest membership organization of professional social workers in the nation. Membership in NASW includes over 130,000 social workers from 50 states, the District of Columbia, New York City, the U.S. Virgin Islands, Guam, Puerto Rico, and U.S. social workers practicing abroad. NASW's primary functions include promoting the professional development of its members, establishing and maintaining professional standards of practice, advancing sound social policies, and providing services that protect its members and enhance their professional status.

The Association of Social Work Boards (ASWB) is the nonprofit organization of social work regulatory bodies in the United States and Canada, including all 50 U.S. states, the District of Columbia, the U.S. Virgin Islands, Guam, the Northern Mariana Islands, and all 10 Canadian provinces. ASWB's mission is to strengthen protection of the public by providing support and services to the social work regulatory community to advance safe, competent, and ethical practices. In March 2015, ASWB published Model Regulatory Standards for Technology and Social Work Practice that were developed by an international task force of social work regulators and subject matter experts convened by ASWB. These standards provided the foundation for the development of this edition of Technology Standards in Social Work Practice. ASWB's current initiative is developing and implementing a plan to achieve social work practice mobility and licensure portability for social work practitioners in the United States.

The **Council on Social Work Education (CSWE)** is a nonprofit national association representing more than 2,500 individual members as well as graduate and undergraduate programs of professional social work education. Founded in 1952, this partnership of educational and professional institutions, social welfare agencies, and private citizens is recognized by the Council for Higher Education Accreditation as the sole accrediting agency for social work education in this country.

The **Clinical Social Work Association (CSWA)** is a national individual membership organization dedicated to providing to its members information and professional support on the ethical and educational basis of clinical social work, and advocacy at the state and national level for access to clinical social work mental health services. The association membership includes clinical social workers, new professionals (clinical social workers who have graduated within the last four years), emeritus members, and students.